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PARTICIPATING **ORGANIZATIONS** American Academy of Pediatrics American Bar Association Standing Committee on Substance Abuse American Medical Association Office of Alcohol and Other Drugs Association of Village Council Presidents Association of Women's Health Obstetric and Neonatal Nurses Columbia University Joseph L. Mailman School of Public Health Community Anti-Drug Coalitions of America Emergency Nurses CARE Governors Highway Safety Association The Kettering Foundation Mothers Against Drunk Driving National 4-H Council National Alcohol Beverage Control Association National Association for Children of Alcoholics National Association of State Alcohol and Drug Abuse Directors National Association of Student Assistance Professionals National Conference of State Legislatures National Council on Alcoholism and Drug Dependence National Crime Prevention Council National District Attorneys Association National Family Partnership National Liquor Law Enforcement Association National Medical Association Pacific Institute for Research and Evaluation Prevention Research Center Students Against Destructive Decisions

United National Indian Tribal Youth U.S. Conference of Mayors

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Mr. Tom Watkins Superintendent Michigan Department of Education 608 W. Allegan Lansing, MI 48933

Dear Mr. Watkins:

As a member of the Leadership to Keep Children Alcohol Free, and as a concerned adult, I have been working to help stem the tide of underage drinking in our State and across the Nation. I know that as a concerned educator, you, too, have sought to encourage programs in our State's public schools to educate our youth about the dangers of underage alcohol consumption – and a range of other potentially dangerous risk-taking behaviors.

We both are aware that the vast majority of our youth do not drink alcohol; we are painfully aware of the potential repercussions for those who do – in lost educational opportunity, lost health, and, unfortunately, lost lives. Most of all, we are aware that these behaviors can be prevented through our concerted effort undertaken in collaboration with the parents of this State's youth. Most of our efforts have focused on teen-age Americans. However, data strongly suggest we must reach down with our messages to the late years of elementary school and middle school. Who better to carry that message than the people to whom youth turn most often for advice: their parents and their teachers.

I have learned that a new set of materials – developed by the U.S. Department of Health and Human Services in partnership with Scholastic Inc. – is being made available for the second year to every fifth-grade classroom across the nation over the next few weeks. The materials include Reach Out Now: Talk with Your Fifth Grader about Underage Drinking, a four-page set of lessons and in-class activities for teachers to use as part of their classroom instruction. Also included is a second four-page "take-home" packet for students and their parents. Talk with Your Fifth Grader about Underage Drinking provides parents with helpful information, including activities that families can do together to help prevent underage drinking, and suggests actions parents can take to help their fifth grader make important decisions.

Founders: National Institute on Alcohol Abuse and Alcoholism and The Robert Wood Johnson Foundation Additional Funding Agencies: Office of Research on Women's Health/National Center on Minority Health and Health Disparities/Office of Juvenile Justice and Delinquency Prevention/Substance Abuse and Mental Health Services Administration/National Highway Traffic Safety Administration



As the leading educator in our State – and the leader of educators in our State – I hope you will recommend that the materials be used in classrooms across the State, encouraging local Boards of Education to include the lessons as part of their fifth-grade curricula.

I have enclosed copies of both the teacher and parent/student materials so you are fully informed and will consider the best use of these materials.

Sincerely,

Daniel Mulhern

First Gentleman of Michigan

Enclosures